



Melon “Ice” Cubes

This is a great way to use up leftover melon.

Puree melon in a food processor or blender. Pour into ice cube trays and freeze.

Use the melon cubes to dress up water, lemonade or iced tea.



www.rainbowinmytummy.org

“The mission of Rainbow In My Tummy® is to cultivate a healthy food culture surrounding young children that establishes a foundation for lifelong health.”